

## **Four Sources of Power**

By Tom Masbaum

We all have 4 sources of power, and most of us only utilize the first two. The first source of our power, and the least of them, is our personal power. We can choose what we would like to wear, what we eat, how we cut our hair, and who we associate with. But we can't choose what our neighbor wears, what he eats, how he cuts his hair and with whom he associates.

Our second source of power is our position. We decide the type of furniture that is in our home and who may enter it. The mayor makes certain decisions in his town. The cop on the beat has say so, but only on his beat, in his town. The owner of a company has power in his company, but not in the company down the street. The cop on the corner has no authority in the next town or state. But position is definitely a source of increased power.

A third source of power, and substantially more power, is either having wealth or the aura of wealth. When we feel wealthy, we start to feel more powerful. When we have the aura of having lots of money flowing through us people unwittingly give us their power. And on the contrary, we give our power away when interacting with people who have the aura of wealth. Being aware of this principle, I have sometimes watched for this and many times noticed people stepping aside for someone else who is well dressed. Back in the 1980s I was part of a large crowd waiting for the doors to open for us to experience an author's lecture. When the doors did open people stepped aside to allow two gentlemen in long, fashionable fur coats to enter ahead of them. On previous occasions I heard these two gentlemen brag about paying an average of \$12.50 each for their coats from a resale shop. They were nice-looking coats and they served them well. Watch for this principle in others, and within yourself and you will notice. It is strong in our society.

The fourth source is substantially more powerful than all of the others put together. It's the power of the universe.

The power of the Divine within us. The universe is constantly bringing to us thoughts and actual situations to match what we are used to feeling. This is sometimes called the Law Of Attraction. And we access this power when we are constantly aware that we have "unlimited options." When we know and feel that we have unlimited options we then feel that we are part of the Divine. We all have thousands of options available to ourselves, most of which we would not choose, nevertheless we have unlimited options available to us. Once we get the feeling of having unlimited options, we will SEE options that we have closed our eyes to previously. We'll get the feeling of having power and the universe will then supply to us the opportunities to attract more situations of actually having that power. Conversely, when we are feeling weak and thinking that we are powerless we will miss opportunities that are right in front of us. Many times these opportunities will be seen as wasteful thoughts or even as obstacles instead of opportunities.

Often this lack of feeling powerful stems from negative emotions related to present situations or past memories. We don't realize how much we hold ourselves back by not forgiving old painful memories. And this is where EFT comes in. EFT, Emotional Freedom Techniques, is a simple, gentle yet very powerful procedure of acupuncture without needles. It's used quite effectively to release old painful memories and allow the feeling of love and power to flow through us. When we release these old negative emotions, we open ourselves to utilizing this fourth source of power, the power of the universe. The law of attraction. The Divine within us. All of this is available to us when we are aware. If you would practice feeling the power of having unlimited options in many mundane situations, you will notice improvement in your life.

In private sessions and in classes we help people remove the blocks to feeling God's love. We also cover information like this in most of our classes. You might find one or more of the classes interesting and instrumental for improving your life. Most private sessions are on the phone. In person private sessions may be accommodated at one of my offices in the Chicago area.

Call Tom Masbaum at 708-955-3634 or visit [www.eft-tom.com](http://www.eft-tom.com).